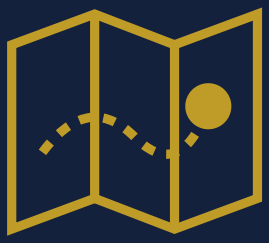
A FIELD GUIDE · SANTA CLARITA AI



The Map Nobody Gave Us

AI for the fifty-somethings with decades of work left.
Plain steps. Real protection. No pitch.

Connor MacIvor · Connor with Honor
santaclaritaai.com/deal

START HERE

The truth first

Everyone is talking about young people losing jobs to AI. Fair enough. But there is a bigger group nobody is talking to.

If you are in your fifties, you may have 15 to 20 working years left. Nobody handed you a map. So here is one.

Learn this in 30 seconds. AI is not a search engine. Talk to it like a sharp assistant. Tell it who you are, what you need, and what good looks like. The more you give it, the better it gets.

FIVE JOBS TO HAND AN AI AGENT THIS WEEK

1. ### Voice memo to clean email

   Ramble into your phone. Paste the transcript. Say "turn this into a short, clear email."

2. ### Read the fine print

   Paste a contract and ask "what am I agreeing to, in plain words? Flag anything unusual."

3. ### Same-day follow-up

   Each afternoon, give it your missed calls and new leads. Ask for a short reply to each.

4. ### The weekly update

   Paste your rough notes. Say "write my weekly report from this, in five bullets."

5. ### Research a decision

   Name the choice, like insurance or a vendor. Ask for pros, cons, and questions to ask.

THINGS NOBODY TOLD US WOULD BE A THING

The new world, in plain words

Your voice and face can be copied

A few seconds of video is enough to fake your voice. Set a family safe word today. If "you" call asking for money, they must say it.

Scams now look perfect

Red flags: urgency, secrecy, gift cards, wire transfers, a new number. Hang up. Call back on a number you already trust.

AI can read your paperwork

Contracts, medical bills, insurance EOBs (explanation of benefits). Remove your ID numbers first, then ask it to spot charges that look wrong.

A robot reads your résumé first

Many employers screen with software. Mirror the words in the job post. Use simple formatting. Clean up your online profiles too.

A free tutor, any hour

Want to learn spreadsheets, Spanish, or a new trade at 55? Ask AI to teach you one small lesson a day and quiz you.

Age bias is real. Look current.

Show recent tools and results. Trim dates past 15 years. Mention one AI skill you use. Experience plus current skills is a strong pair.

YOUR FIRST 30 DAYS

A week-by-week plan

Week 1 · Get comfortable

Pick one free AI chat app. Use it once a day for something small. A recipe. An email. A question you were curious about.

Week 2 · Protect your people

Set the family safe word. Tighten privacy settings. Ask AI to scam-check any message that feels off.

Week 3 · Save real time

Hand it two of the five jobs. Voice memo to email and the weekly update are easy wins.

Week 4 · Grow

Refresh your résumé or profile with AI. Start a daily lesson on one skill you want.

One job for tomorrow. Record a two-minute voice memo about a reply you have been putting off. Ask AI to write the email. Read it, fix one line, and send it yourself.

CONNOR'S RULE

AI never sends, spends, or posts without a yes. It drafts. You decide.

COPY-PASTE PROMPTS

Say this. Get that.

VOICE MEMO TO EMAIL

"Here is a transcript of me talking. Turn it into a short, warm, clear email. Keep my meaning."

CONTRACT IN PLAIN ENGLISH

"Summarize this contract in plain words. List what I am agreeing to, any fees, deadlines, and anything unusual."

RÉSUMÉ FOR AI SCREENERS

"Here is my résumé and a job post. Rewrite my résumé to match the post's key words. Keep it truthful and simple."

MEDICAL BILL CHECK

"Here is a bill and my EOB with personal numbers removed. Do the charges match? What should I ask the billing office?"

LEARN-A-SKILL TUTOR

"Teach me [skill] from zero. Give me one 10-minute lesson a day for two weeks. Quiz me at the end of each."

WEEKLY PLAN

"Here are my tasks and appointments. Build me a simple weekly plan with my top three priorities each day."

SCAM CHECK

"I got this message. Is it a scam? List the red flags and tell me the safe way to check it."

PROTECT YOURSELF

The checklist

- [ ] Family safe word set and shared
- [ ] Bank and email use two-step login
- [ ] Call back on a known number before sending money
- [ ] Never pay with gift cards or wire for a stranger
- [ ] Remove ID, account, and policy numbers before pasting
- [ ] Review who can see your social profiles
- [ ] Check AI answers on money, health, and law with a pro

MISTAKES TO AVOID

- × **Pasting sensitive data.** No Social Security, card, or account numbers. Ever.
- × **Trusting without checking.** AI can sound sure and still be wrong. Verify facts that matter.
- × **Letting it send for you.** Read every draft. You press send.

> *"Experience is the advantage. AI just helps you use it faster."*



This is free. No pitch. Just the map.

You have more working years ahead than most people think. You do not need to become a tech person. You need a few good habits and one clear rule.

Start small. Protect your people. Let AI do the drafting while you do the deciding.

Want help putting it to work? Book time with me at **bookwithhonor.com**.

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